

## Young adults will learn about:

- Developing and maintaining friendships
  - Conversational skills
- Entering & exiting conversations
  - Appropriate use of humor
  - Electronic communication
  - Dating skills
- Organizing get-togethers
- Handling direct and indirect bullying
  - Handling disagreements
  - Handling dating pressure



# PEERS® Social Skills Group for Young Adults

- PEERS® for Young Adults is an evidence-based social skills intervention for motivated adults who are interested in making and keeping friends and/or developing romantic relationships.
- Young adults and social coaches (including parents or other caregivers) attend 16-weekly group sessions for 90-minutes per week.
- Young adults are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities.
- Social coaches attend separate sessions simultaneously and are taught how to assist young adults in making and keeping friends and/or dating.



## What are the participation requirements?

- Have friendship problems
- Young adults ages 18-35 years old
- Young adults must be interested in attending the program
- Young adults must consistently attend the program
- Young adults must agree to participate voluntarily in the program
- Young adults must have a consistent social coach willing to attend the program each week

## How can I apply to participate?

- Contact our office on 0411475844 or [smorgan@archimedeslearningservices.com](mailto:smorgan@archimedeslearningservices.com) to complete a 15-minute phone screen with a member of our team, and subsequently receive an enrolment packet.
- Complete and return your enrolment packet.
- Attend (social coach and young adult) for a 1-hour intake appointment to determine if our program is appropriate for you.